

Diagnostic errors

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Riga, 19th February 2017

My first error...



The hospitals are very complex organizations

Errors in judgment must occur in the practice of an art which consists largely in balancing probabilities...

Sir William Osler (1849-1920)



44.000 to 98.000 Americans die every year from medical errors.

Institute of Medicine.

To Err is Human: National Academy Press, 2000

Hospitals are dangerous places ...

Risk of death due to error or accident ..



1:300

1:6.000.000

25-Year summary of US malpractice claims for diagnostic errors 1986–2010: an analysis from the National Practitioner Data Bank

Ali S Saber Tehrani,¹ HeeWon Lee,² Simon C Mathews,² Andrew Shore,³ Martin A Makary,³ Peter J Pronovost,⁴ David E Newman-Toker¹

Compensation for medical malpractice in the US (1986-2010) N = 350 706

- Diagnostic errors are the most common cause of claims (28.6%), the largest volume (35.2%) and those who more lead to death (40.9% vs. 20.9%).
- In recent years the amount of compensation for misdiagnosis was \$ 38.8 billion (Average = \$ 386,849).
- The most frequent diagnostic errors are the lost diagnoses (54.2%) and occur in outpatient setting (68.8% vs. 31.2%).



- 1. What is a diagnostic error?
- 2. How often diagnostic errors occur?
- 3. Why doctors fail the diagnosis?
- 4. What can we do to prevent diagnostic errors?

1

What is a diagnostic error?

Diagnostic errors definition

Missed opportunities to make a correct or timely diagnosis based on the available evidence, regardless of patient harm H Singh, 2014

The failure to (a) establish an accurate and timely explanation of the patient's health problem(s) or (b) communicate that explanation to the patient.

IOM, 2015

Singh H. Editorial: Helping Health Care Organizations to Define Diagnostic Errors as Missed Opportunities in Diagnosis. Jt Comm J Qual Patient Saf 2014;40:99–101. National Academies of Sciences, Engineering, and Medicine. 2015. *Improving diagnosis in health care. Washington, DC: The National Academies Press*

What are diagnostic errors?

- Misdiagnosis
- Missed diagnosis
- Delayed diagnosis
- Error in assessing the severity
- Failure to detect complications

2

How often medical errors occur?

The variable epidemiology of medical error

- Autopsies
- Physician report
- Patient report/ complaints
- Chart audits
- Trigger tools
- Malpractice claims
- Indicators monitorization

The incidence of diagnostic error

 Diagnostic error account for 6 to 17% of hospital adverse events

 In the US 10 million adults are estimated to be misdiagnosed annualy in outpatient settings (5%)

• Diagnostic errors contribute to approximately 10 percent of patient deaths

Graber ML. BMJ Qual Saf 2013;22(Suppl 2):ii21–7. Singh H, Meyer AN, Thomas EJ. BMJ Qual Saf 2014;23:727-31. National Academies of Sciences, Engineering, and Medicine. 2015. *Improving diagnosis in health care. Washington, DC: The National Academies Press*

HEALTH CARE REFORM

Diagnostic Error in Medicine

Analysis of 583 Physician-Reported Errors

Gordon D. Schiff, MD; Omar Hasan, MD; Seijeoung Kim, RN, PhD; Richard Abrams, MD; Karen Cosby, MD; Bruce L. Lambert, PhD; Arthur S. Elstein, PhD; Scott Hasler, MD; Martin L. Kabongo, MD; Nela Krosnjar; Richard Odwazny, MBA; Mary F. Wisniewski, RN; Robert A. McNutt, MD

- Pulmonary Embolism (4,5%),
- Drug reactions or overdose (4,5%)
- Lung Cancer (3,9%)
- Colorectal cancer (3,3%)
- Acute coronary syndrome (3,1%)
- Breast cancer (3,1%)
- Stroke (2,6%)

Schiff GD et al. Arch Intern Med 2009; 169: 1881-1887

Diagnostic malpractice cases in the US per type of care

(4703 cases 2008-2012)



CRICO, 2015. 2014 Annual Benchmarking Report. Malpractice risks in the diagnostic process.

Clinical Autopsies in ER of a Central Hospital

54 autopsies in 885 deaths (2003-2005)



M. Monteiro, L Campos. 11º Congresso Nacional de Medicina Interna, 2005

Clinical autopsies in ED of a central hospital

54 autopsies in 885 deaths (2003-2005)

Most frequent post-mortem diagnosis



M. Monteiro, L Campos, 11º Congresso Nacional de Medicina Interna, 2005

Where in the diagnostic process errors occur?

Error Diagnostic Evaluation and Research (DEER)



Where in the diagnostic process errors occur?

Analysis of 583 physicians-reported diagnostic errors



Schiff GD et al. Arch Intern Med 2009; 169: 1881-1887

Overlap of errors in individual cases



CRICO, 2015. 2014 Annual Benchmarking Report. Malpractice risks in the diagnostic process.



Physicians facing a malpractice claim annually, according to the specialty (1991-2005)

Jena AB. NEJM 2011; 365: 629-36



Why doctors fail the diagnosis?





The case of Thomas Duncan...

Thomas Duncan, a liberian man, went to the emergency room of the Texas Health Presbyterian Hospital, on the 25th September 2014, complaining of fever, dizziness, nausea, abdominal pain, a sharp headache, and decreased urination. The nurse recorded in the EHR a recent travel from Liberia. Head and abdomen CT scan were normal. He was sent away with antibiotics and a diagnosis of sinusitis.

He returned two days later and was admitted.

The patient passed away on October 8.

SECTIONS Q SEARCH

WEDNESDAY OCT. 7. 2015

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Nation / Nation Now

2 77º

Dallas Patient Told Hospital During First Visit He Was Visiting From Liberia

BVERIC AASEN, DOUALY XAYKAOTHAO & ASSOCIATED PRESS + OCT 1, 2014

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US EBOLA PATIENT DIES;

AIRPORT SCREENING

To VIDEO



Gov. Rick Perry spoke at Texas Health Presbyterian Hospital in Dallas on Wednesday. DOUALY XAYKAOTHAO KERA NEWS

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Pennsylvania

New Jersey

Error in Dallas may have exposed others to





Related story: New Ebola case in Texas raises



A Dallas hospital spokesman says the first Ebola patient diagnosed in the United States has died.



Delaware

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What is the Ebola virus? 6 things you should know

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Chat with Penn Medicine about Advanced Lung Disease Treatment Options







worries about U.S. health system **Related** Coverage



A worker in a protective hazmat suit walks in front of an east Dallas apartment building where a second person diagnosed with the Ebola virus lives. Cleaning crews decontaminated the lawn and surrounding area after the healthcare worker was isolated at a local hospital. (Mike Stone / Getty Images)

Noam N. Levey, Molly Hennessy-Fiske and Kurtis Lee · Contact Reporters



Second Texas Ebola patient



Related: Ebola research: Fever not a surefire sign of infection

Nation

In Case You Missed It



Determinants of diagnostic error



Causes of diagnostic errors

No-fault errors

(Masked or unusual presentation of disease, patientrelated errors)

• System-related errors

(technical failures, equipment problems or organization flaws)

<u>Cognitive errors</u>

(Faulty knowledge, faulty data gathering or faulty synthesis)

(Graber ML et al. Arch Intern Med 2005; 165:1493-1499)

Category of factors contributing to diagnostic errors in Internal Medicine

No-fault errors



On average 5.9 factors per case have been reported

(Graber ML et al. Arch Intern Med 2005; 165:1493-1499)

No-fault errors

• 30-40% of what we do, have no evidence to support it

 Not yet identified or difficult to define diseases, atypical cases, overlap syndromes, undifferentiated presentations

 Gestures and findings in physical examination that have low sensitivity and specificity

Complementary tests with low sensitivity and specificity

Patients referred to a tertiary rheumatology clinic for a positive ANA test (232 pts)

| Reported ANA Titer | No. of Patients | No. of Patients with AARD (and Specific Diagnoses) |
|-----------------------------|--------------------|--|
| ≥1:40 (and <1:80) | 27 | 0 |
| ≥1:80 (and <1:160) | 28 | 0 |
| ≥1:160 (and <1:320) | 71 | 1 (SLE) |
| ≥1:320 (and <1:640) | 34 | 1 (SjS) |
| \geq 1:640 (and <1:1280) | 31 | 4 (2 SLE, 2 SjS) |
| ≥1:1280 (and <1:2560) | 23 | 8 (2 SLE, 4 SjS, 1 SSc, 1 UCTD) |
| \geq 1:2560 (and <1:5120) | 6 | 2 (1 SSc, 1 SjS) |
| ≥1:5120 | 7 | 4 (1 MCTD, 1 SSc, 2 SjS) |
| No titer | 5 | 1 (UCTD) |

When it is patient's fault ...

Choose the specialist and you will choose the disease... Anonymous aphorism

"I have been in so many doctors in the last few months, I need a physician to put it all together (...)"

One patient in the USA ED (Quoted by Barbara Starfield)

When it is system's fault...

The work system in which the diagnostic process takes place



National Academies of Sciences, Engineering, and Medicine. 2015. Improving diagnosis in health care. Washington, DC: The National Academies Press

Lack of clinic records or review...

 In the U.S. 1/7 admissions are due to lack of access to the Clinical Process of the patient and 20% of laboratory tests are ordered by lack of access to previous results

 20-60% of laboratory tests are not reviewed by the physician, a percentage that may be 75% in case of Emergency



The case of a man who became shorter...



When it is doctor's fault ...

Factors related to the characteristics of the physicians

- Age, physical condition, qualifications, experience, personality, workload, institutional context, remuneration model or incentives
- Knowledge and skills
- Behavioral features: opportunity, sense, intuition and communication skills

When it is doctor's fault ...

Factors related to the characteristics of the physicians

- The experience and number of cases improve outcomes in many procedures or pathologies (Posnett J 2002)
- A Heavy call (80-90 h / week) increases the risk of misdiagnosis 5.6 times (Landrigan CP, 2004)
- There is a relationship between communication skills and outcomes (Stavropoulou C, 2011)

You WILL listen to me!!

A case of paranoia...

 48 yo female with multiple admissions in psiquiatry for paranoid delusional ideation, personality disorders type cluster B and manifestations of facticious disorders.

 Last admission for attempt to defenestration, psycho motor agitation, catatonia, mental confusion and sphincters incontinence.
Resistance to therapy, 9 sessions of electroconvulsive therapy.

• Agravation of chronic diarrhea, weight loss and peripheral edema.



PLI

A case of celiac disease type 3... (Marsh-Oberhuber classification)



Initiation of gluten free diet, progressive return to normality

Clinical decision making

Analytical decision making



Intuitive decision making

Heuristic factors in diagnostic hypothesis

- Anchorage heuristic: the physician sticks to the first impression
- Premature closure: a reluctance to seek alternative diagnoses, once a commitment has been established
- <u>Availability heuristic</u>: the physician makes the diagnosis by similarity to past cases
- Framing effect: the same clinical condition may lead to different decisions as the information is presented or framed
- <u>Blind obedience</u>: the doctor accepts the opinion of a respected colleague in the area, or the report of a supplementary examination, with undue deference

(Croskerry P. et al. Acad Emerg Med 2002; 9: 1184–204 2002)

4

What can we do to prevent diagnostic errors?



Blame and shame game -> Systems Thinking



Systems thinking

Humans err, the safety depends on creating systems that anticipate errors and either prevent or catch them before they cause harm

Strategies to prevent medical errors

Global Strategies Transversal impact

| Medication | Surgical | Diagnostic | Nosocomial |
|------------|--------------------|------------|--------------------|
| Errors | Errors | Errors | Infections |
| Falls | Pressure Ulcers | DVT | Medical Devices |

General principles of patient safety improvement strategies

- Improve culture of safety
- Create incident reporting systems
- Standartization and simplification of processes
- Introduce forcing functions in the interface with machines
- Improving communication and teamwork
- Learn from one's mistakes
- Well trained, staffed and rested wokforce

The Safer Dx framework for measurement and reduction of diagnostic errors



Singh H, et al. BMJ Qual Saf 2015;24:103-110. doi:10.1136/bmjqs-2014-003675

Goals for improving diagnosis and reducing diagnostic error (IOM 2015 recommendations)

- Facilitate more effective <u>teamwork</u> in the diagnostic process
- Enhance health care professional <u>education and training</u> in the diagnostic process
- Ensure that <u>health information technologies</u> support patients and health care professionals
- Develop and deploy <u>approaches to identify and reduce</u> diagnostic errors

National Academies of Sciences, Engineering, and Medicine. 2015. *Improving diagnosis in health care. Washington, DC: The National Academies Press*

Teamwork



Surgical blocks



Cockpits

- Authority centered
- Poor distribution of tasks
- Poor supervision
- Rare check-listing
- Culture of infallibility
- Culture of blame

- Hierarchies <marked
- Better communication
- Perception of fatigue
- CRM (Team Training)
- Self-reporting without guilt
- Near Miss Reporting

An example of diagnostic teamwork and the potential participants in the diagnosis process



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Health Information Technology in the diagnostic process



Clinical case: the forgotten analysis...

- MSR, 81 yo. Female
- Erosive Rheumatoid Arthritis, with persistent high activity despite diverse DMARDS, and secondary Sjögren's syndrome, with a follow-up of 30 y.
- She started Infliximab in 2002, switched subsequently to Adalimumab, Rituximab and Tocilizumab.

Clinical case: the forgotten analysis...

- In 2012 she started losing weight, asthenia, episodes of productive cough with expectoration. Positive cultures of the bronchial secretions for H. influenza and P. aeruginosa in two episodes.
- Improvement with antibiotics but persistence of a consumptive state. Revision of the Electronic Clinical Record

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Incorrect reports or non detection of anomalies...

- The errors of laboratory tests may reach 20%, but only a quarter occurs within the laboratory (Stroobants AK, 2003).
- Of these errors, 18% are liable to cause any damage, either economic or related to the patient's health (Hickner J, 2008).

- There are errors on the order of 23% in the interpretation of chest radiographs (GR Tudor, 1997).
- The inter-observer variability in reading RMN can reach 23% (Wakeley CJ, 1995).

HIT approaches to assist diagnosis

- 1. Information gathering
- 2. Information organisation and display
- 3. Differential diagnosis generation
- 4. Weighing of diagnosis
- 5. Generation of diagnostic plan
- 6. Access to reference information
- 7. Facilitating follow-up
- 8. Screening for early detection
- 9. Collaborative diagnosis
- 10. Diagnostic feedback to clinicians

El-Kareh R, Hasan O, Schiff GD. BMJ Qual Saf 2013;22:ii40-ii51.

Portability is an indispensable characteristic of information technology

240

Internal Medicine Department HSFX Lisbon

Goals for improving diagnosis and reducing diagnostic error (IOM 2015 recommendations)

- Establish a <u>work system and culture</u> that supports improvements in diagnostic performance
- Develop a <u>reporting environment and medical liability</u> <u>system</u> that facilitates improved diagnosis through learning from diagnostic errors and near misses
- Design a <u>payment and care delivery environment</u> that supports the diagnostic process
- Provide <u>dedicated funding for research</u> on the diagnostic process and diagnostic errors

National Academies of Sciences, Engineering, and Medicine. 2015. Improving diagnosis in health care. Washington, DC: The National Academies Press



"DR. SIMPKINS DREW THE SHORT STRAW AT THE PRE-INSPECTION MEETING"

Analysis of a diagnostic error



Ishikawa's Diagram



Report.npsa.nhs.uk/rzcatookit/course

CLINICAL CASE



My ten recomendations to young internists to prevent the diagnostic errors...

- 1.Listen and examine the patients carefully!
- 2. It is no shame to have doubts but always clarify the doubts!
- 3.Don't rely on first impressions and be aware of dissonant information!
- 4. Think first of common diseases but don't stop if subsists a more severe hypothesis!
- 5.Don't make corridor consultations and never facilitate!

My ten recomendations to young internists to prevent the diagnostic errors...

- 6. Do the right tests to the right patient at the right time, but be aware of the sensitivities and specificities!
- 7. Recognize when you are tired and your limitations!
- 8. Register always
- 9. Report and learn with your mistakes
- 10. Again listen and examine the patients carefully

